



MEDIA KIT

DAUNYAE MONIQUE

AUTHOR • SPEAKER • MENTOR • TRANSFORMATION COACH

Real Talk. Real Truth. Transformational Impact.

CONNECT

INSTAGRAM

@iamdmonique

PODCAST

IM.Possible with
Daunyaë Monique

WEBSITE

daunyaemonique.com



AUTHOR • SPEAKER • MENTOR • TRANSFORMATION COACH

Daunya Monique is an author, transformational speaker, mentor, and entrepreneur whose work helps women recognize unhealthy patterns, reclaim their identity, and build healthier lives, relationships, and futures.

Through transparent storytelling, humor, lived experience, and practical insight, Daunya speaks honestly about relationships, identity, boundaries, leadership, entrepreneurship, motherhood, healing, and rebuilding after difficult seasons.

Her message is not rooted in perfection; it is rooted in transformation. Drawing from her own journey and years of mentoring women and young ladies, Daunya creates spaces where audiences can see themselves clearly, confront what is no longer serving them, and leave equipped to make meaningful change.

SIGNATURE KEYNOTE

CHANGE THE NARRATIVE

Breaking cycles. Reclaiming identity. Rebuilding from the inside out.

"Sometimes rebuilding requires more than repairing what broke. It requires the courage to examine the foundation, release what no longer fits, and rebuild - brick by brick."

This honest and transformational keynote explores what happens when a woman stops merely surviving, confronts the beliefs and patterns shaping her choices, and begins rebuilding her identity, boundaries, and future from a healthier foundation.

AUDIENCE TAKEAWAYS

- 01 Recognize how past dysfunction can influence present relationships, leadership, and choices.
- 02 Identify survival patterns that have been mistaken for strength.
- 03 Understand the difference between loving others and abandoning yourself.
- 04 Release identities, beliefs, relationships, and behaviors that no longer align with where you're going.
- 05 Begin rebuilding identity, boundaries, confidence, and purpose from a healthier foundation.

IDEAL FOR

Women's conferences • Corporate and leadership events • Universities • Community organizations • Retreats • Faith-based events

AVAILABLE AS

Keynote • Workshop • Fireside Conversation • Panel

01

HE AIN'T IT, SIS

Breaking Relationship Cycles Without Losing Yourself in the Process

A transparent conversation about unhealthy relationship patterns, attachment, boundaries, self-worth, and what happens when loving someone begins costing you yourself.

02

THE WOMAN BEHIND THE BUSINESS

Building Success Without Losing Yourself

For entrepreneurs, leaders, and high-capacity women who have become so good at carrying responsibilities that they've forgotten how to care for the woman underneath them.

03

CHANGE THE NARRATIVE

Breaking the Beliefs That Keep Women Stuck

A transformational conversation about identifying inherited beliefs, survival behaviors, fear, people-pleasing, and internal narratives that quietly shape our decisions.

CUSTOM PRESENTATIONS

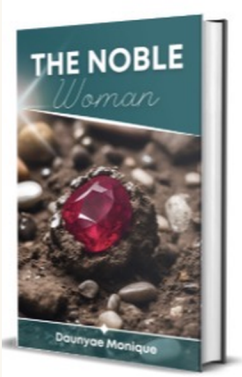
Available to align with your organization's theme, audience, and desired outcomes.

AUTHOR & PUBLISHED WORK

Dauntyae's written work extends the conversations she brings to the stage - exploring relationships, identity, healing, leadership, faith, personal growth, and becoming whole.



HEALING



BIBLE STUDIES



DEVOTIONALS



GUIDED JOURNALS

BULK BOOK ORDERS AVAILABLE

FOR CONFERENCES & EVENTS



PODCAST PROFILE

IM.POSSIBLE

IM.Possible is a transformation-centered podcast hosted by Daunyah Monique featuring honest, relatable conversations about healing, relationships, identity, faith, motherhood, purpose, leadership, and personal growth. Through raw storytelling, practical wisdom, and meaningful dialogue, Daunyah challenges women to break unhealthy cycles, rebuild from the inside out, and discover that what once felt impossible can become IM.Possible.

**REAL TALK. REAL HEALING.
REAL TRANSFORMATION.**

AVAILABLE FOR

Interviews, meaningful media conversations, guest insight, and collaborative dialogue.

01

PODCAST INTERVIEWS

02

MEDIA INTERVIEWS

03

GUEST COMMENTARY

04

COLLABORATIVE CONVERSATIONS

AND MORE.



“

Daunyaë has a way of being transparent and vulnerable while still leaving you feeling empowered. She doesn't just tell her story, but she helps women see themselves in it. Our audience laughed, reflected, and walked away with something they could actually apply to their own lives.

AUDIENCE TESTIMONIAL

TRANSPARENT • RELATABLE • ENGAGING • PRACTICAL • TRANSFORMATIONAL

WHAT AUDIENCES CAN EXPECT

Audiences can expect storytelling, humor, honest conversation, audience connection, and practical takeaways—not simply motivation that disappears when the event ends.



“

I felt like Daunyaë was talking directly to me. There were things she said that made me laugh, and other moments that made me realize I had been accepting things I needed to heal from. I left feeling seen, encouraged, and ready to make some changes in my life.

AUDIENCE TESTIMONIAL



BOOKING & MEDIA INQUIRIES

LET'S CREATE A CONVERSATION THEY'LL CARRY BEYOND THE ROOM.

Looking for a speaker who can make your audience laugh, reflect, confront uncomfortable truths, and leave ready to make meaningful change?

BOOK DAUNYAE

contact@daunyaemonique.com

AVAILABLE FOR

KEYNOTES

CONFERENCES

CORPORATE EVENTS

WOMEN'S EVENTS

LEADERSHIP EVENTS

WORKSHOPS

RETREATS

COMMUNITY EVENTS

FAITH-BASED EVENTS

MEDIA & PODCASTS

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PODCAST

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